



**DSAO**

DOWN  
SYNDROME  
ASSOCIATION  
OF ONTARIO



**Expedia Cruises**

Air, Land & Sea Vacations



Proudly Canadian-owned and locally operated

## Down Syndrome Community Cruise

7-Day Voyage of the Glaciers - August 1<sup>st</sup> 2026

Vancouver, Canada to Anchorage (Whittier), Alaska

We are excited to invite you to our *Second Bi-Annual Community Cruise*—a special group cruise created for individuals with Down syndrome, their families, and friends—in partnership with the Down Syndrome Association of Ontario (DSAO).

As parents of an individual with Down Syndrome, we know how meaningful it is to connect with others who share similar experiences. That's why we're thrilled to host this one-of-a-kind journey—an opportunity to explore breathtaking Alaska with a supportive and inclusive community.

**Prices starting at**  
**CAD \$1,460 / per person based on double-occupancy**  
(includes Taxes and Fees)

### What Makes This Cruise So Special?

- 7-night cruise from Vancouver, Canada, aboard the Discovery Princess
- Explore glacier-carved fjords, charming towns, and incredible wildlife
- Enjoy accessible shore excursions and onboard activities for all abilities
- Connect with other families in the Down syndrome community
- Have extended time to network together over the course of the cruise
- Create lasting friendships and lifelong memories

### Meet Your Hosts:



#### Helen Rostoker

Board Member, Down Syndrome Association National Capital Region (DSANCR)

#### David Rostoker

Past President, Down Syndrome Association of York Region (DSAYR), Past Treasurer, York Region Association for Community Living (YRACL)

We are passionate advocates and thrilled to offer this amazing opportunity once again.

### Reserve Your Spot Today!

Spaces are limited—don't miss this chance to explore Alaska with the DS community



TICO Ontario Registration No: 50009272



### Inclusions Exclusive to Expedia Cruises in Ottawa

- Welcome Aboard Reception
- \$50 US Onboard Credit per Stateroom
- Dining Together in the Main Dining room
- Pre-paid Gratuities

### Available Add-Ons

- Princess Plus or Princess Premier
- Flight arranged through Princess EZair
- Transfers

**Expedia Cruises in Ottawa is proud to support the Down Syndrome Association of Ontario with a donation for every cabin booked**

**David & Helen Rostoker | Vacation Consultants**  
**Expedia Cruises in Ottawa**

**dhrostoker@expediacruz.com**

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PRINCESS



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## Past Participant's Comments

“

“We all had an amazing time! The cruise was so much fun and we made lots of memories.”

Roz and the girls

”

“

“It's the fun of travelling together. I would like to do this again.”

Sarah, Pat & Yves

”

“

“A summer Buddy Cruise week to remember. What a blast!”

Terry, Charlene & Brennan

”

“

“What a fantastic time! So great to be able to spend so much time with others in the community. Helen & David were super organized and always there to assist.”

Susan & Joel

”

### Our Itinerary

- **Day 1: Vancouver, Canada**
  - Sat Aug 1, 2026 | Depart 4:00 PM
- **Day 2: Day At Sea**
  - Sun Aug 2, 2026
- **Day 3: Ketchikan, Alaska**
  - Mon Aug 3, 2026 | 6:00 AM To 2:00 PM
- **Day 4: Juneau, Alaska**
  - Tue Aug 4, 2026 | 8:00 AM To 9:00 PM
- **Day 5: Skagway, Alaska**
  - Wed Aug 5, 2026 | 7:00 AM To 8:30 PM
- **Day 6: Glacier Bay National Park (Scenic Cruising), Alaska**
  - Thu Aug 6, 2026 | 6:00 AM To 3:00 PM
- **Day 7: College Fjord (Scenic Cruising), Alaska**
  - Fri Aug 7, 2026 | 6:00 PM To 8:30 PM
- **Day 8: Anchorage (Whittier), Alaska**
  - Sat Aug 8, 2026 | Arrive 12:30 AM

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## Discovery Princess®

Enjoy sweeping views from one of more than 1,400 balconies on Discovery Princess! From the tranquil Sanctuary, a retreat reserved for adults, to innovative new dining options and more

### Accommodations

From the moment you step aboard, we want you to feel welcomed and right at home. And with attentive service from a friendly staff that knows what hospitality means, you'll find your Princess® ship truly is your home away from home.

### Activities

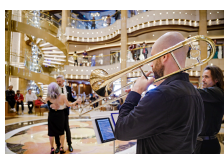
On every Princess ship, you'll find so many ways to play, day or night. Explore The Shops of Princess or learn a new talent — our onboard activities will keep you engaged every moment of your cruise

### Entertainment

Original musicals, dazzling magic shows, feature films, top comedians and nightclubs that get your feet movin' and groovin'. There's something happening around every corner

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